



**Being:** Claim the perfect work of Love. Claim right heredity, balance, expression, even right conclusion.

You have already turned to God and His attributes which belong to Him. Magnify the glory of God on display right here – the spiritual understanding of Life – it's yours.

A day spent claiming good is a well-spent day. Claim a well-spent day. Claim success even before you pray.

Know that God understands you. Your understanding is Mind, God, reflected.

Pray, "Father-Mother, God, bring everything that I know as the reflected Mind into perfect focus for me so that I may clearly claim your majesty in this experience. Take away all my fear and doubt. Let not the world's contrary beliefs impose upon me or anyone any material sense of law or claim. And operate upon me with hands of Love and Truth upon mind and body. Let there be no limitation on me in the mental atmosphere and construct in which I reflect your action."

I claim the joy and happiness of living with spiritual entitlement. "I am in the Father, you are in me, and I am in you." – Jesus' own claim to know and repeat. It's the best of everyone. You are best and you know it. Jesus did. Hold that thought for friends, family, and acquaintances.

The best mind is the reflected Mind. The same is true for body. And for experiences! Claim oneness. There is one body, Life, man, and God. Claim right and unique identity.

Know this "God, Spirit, being all, nothing is matter." (S&H) Matter is illusion – the illusion that things are physical instead of symbols or thoughts for higher ideas, even spiritual. Claim that the physical is only another name for mortal beliefs. A claim in this regard is not a true claim until it affirms both reality and denies what

is false or unreal. Then **know** that you are the real – which is spiritual – and that you *know* what is not spiritual is unreal. That is the proof of one Mind.

Hold your claim as natural and that a right claim is success itself. Everything is mental and spiritual. It's the double mantle Elisha received when he saw Elijah taken up by the whirlwind.

The Science of being is your real thought. It is the surgery of action. You operate mentally on a mental identity – on whatever mortal mind calls the body which is in reality a mental construct. Truth and Love hold the heart, purify the bowels, set a bone, regrow the flesh, straighten the vertebrae, dissolve paranoia (which is error's own fear of destroying itself) and through the heavenly host (of things) does the infinite work of the reflected Mind right where the unreal concept of so-called mortal mind seems (yes, only seems) to operate.

You feed me and all.

God gives you light for darkness, strength for doubt, lifting up for down, guiding all your paths whether of brain or feet. Mental molecule and atom are defined and constructed by the reflected Mind. Claim this God-directed mental surgery as reaching the mental molecule and atom expressed as the electricity of thought and perception to correct harmoniously all mental action and to restore memory, function, gratitude, and affection with thanksgiving, and set mortal mind aright. Know that brain is a mental concept, and that every function of it is a belief of so-called mortal mind. Every real function is governed harmoniously in divine Love **now**. Claim this knowledge as the handling of hypnotism or the universal belief of physics that matter is something – an object, condition, or substance – operating independently of the reflected Mind. Claim that there cannot be an operation of any kind separate from Mind or God.

There is no supply separate from Mind-supply. Claim the removal by the reflected Mind of any obstacle or false identity of person posing as an obstacle. Know that the surgery of Mind-knowing clears the way both in body and *outwardly* in experience. Don't be a victim. Always claim dominion.

Now claim your being.

\*Quotes of S&H are from Science & Health with Key to the Scriptures by Mary Baker Eddy



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