

Rule of Sudden dismissal and replacement: Your dismissal is important. The overwhelming weight of opinions is on the other side. The main weight of which is traditionalism or status quo trying desperately to preserve a position of authority. You reflect God's government and have dominion over the whole earth and everything that lives and moves upon it. (Genesis 1) Suddenly denying disease is anathema to entrenched opinion. Therefore you may sometimes want to keep the dismissal to yourself because you are dismissing both a false belief and its supporting fixed point of view. It's a view without a spiritual basis or general recognition of mental causation. Your dismissal is mental and goes to the mental so-called cause; thereby dealing properly with cause and effect. "Moral courage is king of the mental realm." (S&H)

As you dismiss disease replace it with calm standing that your dismissal does not destroy something real, but in fact, shows that God, or good, and His effects are present. Good alone is real. And this reality includes everyone and everything in spiritual abundance.

The key words are: Dismiss and Replace. They co-join naturally in divine Science, or the Science of Mind, where all is mental and spiritual and only good is real.

Dismiss a diseased function as belief and replace that belief with your understanding that Mind, God, is the source of all real function. Dismiss a fever belief, and replace the fever belief with God's love – the presence of divine Love. Dismiss a sin and know that the sin belief ceases when turned from and replaced with the operation of Truth and Love. Dismiss a belief of lack of supply and replace it with the spiritual law of supply and demand in Mind Science where supply and demand are always equal and know that supply and demand are the same in Mind, God, and you will never again experience a belief of lack of supply.

Sudden dismissal is important because it prevents the mere rehearsal of untoward experiences and perceptions without positive solutions. Sudden

replacement with Love and Truth and Life as ever-present substance leaves no room for a sense of separation from that substance or good. Seeing a specific fact of health and harmony is the reflection in thought or, in other words, the kingdom of heaven on earth. It shuts a mental door on disease, lack, sin; which, in Christian Science, are always taken as erroneous beliefs.

Sudden dismissal and sudden replacement metaphysically – that is, spiritually and mentally -- satisfy the need for harmony and peace within and without. It is happy and it is joyous. "Rejoice not in iniquity but rejoice in truth." (I Corinthians) Jesus said that he came not to destroy but to fulfill. And so, every error must be replaced by Truth, God.

Being extra thorough, mentally replace every error or disease belief with "wisdom, purity, spiritual understanding, spiritual power, love, health, holiness." (S&H) They paint Life and its reflection in glory. All true success, health, growth, development, action, function, structure, order extol the beauty, harmony, and abundance of His attributes, His spiritual understandings.

This is the rule of sudden dismissal and sudden replacement. It is wonderful!



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