

*The Sunday School Teacher's*  
**Cookbook**  
*"Recipes" for Sharing*  


**Recipe:**

## Why am I here?

**Category:** Entrée

**Serves:** all ages

**Recipe by:** D. Michael Day

**Ingredients** (key words): appreciation for Christian Science, how did our family get into Christian Science,

*Hint: Occasionally you may find a lack of enthusiasm among your students. Often they don't seem to share the same level of commitment their parents would like them to express, but there's probably a good reason for that. Often there needs to be a demonstrable need met before the greater level of appreciation comes into play. Many young students in our Christian Science Sunday schools have been lovingly and carefully sheltered by their parents and certainly by their knowledge of Divine Science and the continual application of metaphysics for the entire family.*

**Method:** A good exercise for your class might be for them to go home and ask their parents, grandparents, family members and relatives a thoughtful question. How did our family become involved in Christian Science?

They may be surprised to learn one of their ancestors was introduced to Christian Science as a result of great need that could not be met to material needs. Perhaps it was an accident or illness that was met and healed through the application of divine metaphysics.

Rarely does someone walk into a Christian science church off the street and decide to make it their church home. While we are not in competition for membership with other churches, the material draw in other denominations can be quite alluring. Maybe it's a youth group or some kind of fellowship with other members. It might be bingo, coffee and doughnuts, music and guest speakers. Maybe it's church outings and fun activities for the children and their friends. Or maybe it's peer pressure which makes it unpopular to be "religious" or the student

does not want to seem to be "holier than thou" or refuse to join in the activities of their friends which may not be in accord with principle.

Whatever the reason, finding out what drew the family into Christian Science with at least lay the framework for their continued participation and may spark a greater interest as they learn how to be good metaphysicians themselves.

It is interesting to realize, that most students in a Christian Science Sunday school know more about God and healing than their teachers or counselors at school.

And that's why we're here!